

Weight Watchers®

At Work Reimbursement Program



Give your employees a reason to work toward better health. Medical Mutual teamed up with Weight Watchers to help your staff reach their health goals.

We reimburse Medical Mutual plan participants up to \$150 in enrollment fees per calendar year¹ when they enroll and attend a Weight Watchers At Work Meeting Series.

At Work Meetings²

If your organization hosts At Work Meetings, Medical Mutual plan participants should follow these steps to be reimbursed:

- Enroll through your organization's Weight Watchers worksite leader
- Attend the minimum required number of meetings:
 - Attend 10 out of 12 meetings to receive \$50 back
 - Attend 14 out of 17 meetings to receive \$75 back
- Submit a completed reimbursement form within 90 days of the series end date, including proof of payment. Proof of payment might include:
 - Receipts from the Weight Watchers leader
 - Canceled checks from a bank or financial institution
 - Copies of three or four back-to-back credit or debit card statements
 - Copies of three or four back-to-back Monthly Passes³
 - Printout of online Weight Watchers account payment history

To download and print the reimbursement form, participants should log in to My Health Plan at MedMutual.com/Member. Click on Healthy Living, then Weight Watchers. Reimbursement forms should also be available from the worksite leader.

Want to begin At Work Meetings at your workplace? Call (800) 828-9675. At least 15 participants are needed. If your workplace does not have enough participants, encourage employees to enroll in Community Meetings or an Online series by calling (866) 204-2878.

¹ The amount members are reimbursed depends on meetings purchased and attended.

² This program is only available in certain areas in the U.S.

³ Monthly Pass payments must be made in advance. Participants will be charged each month until they cancel. Monthly Passes are sold only in certain areas. Some At Work Meetings might not accept the Monthly Pass.

Weight Watchers is a registered trademark of Weight Watchers International.