

LIFESTYLE EAP

Wellness at Work

EMPLOYEE ASSISTANCE PROGRAM

Legal, Financial and ID Recovery

When a legal issue, financial matter, or an instance of identity fraud disrupts your life, it can create substantial stress for you and your family.

To help minimize the impact, your employee assistance program will assist you with managing the many complexities of these events. Through professional consultation, these programs can save you time, while providing valuable information and peace of mind.

LEGAL ASSIST

Provides a free half-hour consultation with an attorney on most legal issues. In most cases, discounted rates are available if further legal representation is required.

FINANCIAL ASSIST

Provides a free telephonic consultation with a financial professional.

ID THEFT PREVENTION AND RECOVERY

Provides a free telephonic consultation with an ID theft prevention and recovery professional. It also provides free registration to Control Your ID, an online ID monitoring program. If your identity is stolen while you are registered with Control Your ID, an ID theft professional will help you restore it.

The Lifestyle Employee Assistance Program offers:

- 800.989.3277 telephonic support is available 24/7/365 from licensed mental health professionals
- Face-to-face counseling sessions
- Manager Consultations
- Eldercare resources and referrals
- Childcare resources and referrals
- Identity Theft Recovery and Prevention
- Legal and Financial Consultations
- www.lifestyleeap.com
- Critical Incident Stress Management (on-site counseling; grief groups; trauma debriefings)
- Wellness Programs
- Management Trainings

For more information, call Lifestyle EAP today at 800.989.3277 or visit www.lifestyleEAP.com